

# Parent's Guide



How to teach your child to be **SAFE**

Dear Parents:

Thank you for choosing **I'm4, I Read!** Our team has put together **three Modules** to teach your child to **READ, COUNT,** and stay **SAFE**. The program is designed to introduce the concepts of **early literacy, number sense,** and **safety measures** to your child. **Modules 1, 2 and 3** build a strong foundation for your child as he/she prepares for the academic and life's journey. Using these tools with your child will foster a life long love of reading, learning, and bonding. We have put together the following suggestions use with **Modules 1, 2, and 3**. However, we know that learning is a personal endeavor. Please feel free adjust them as you see what fits best for your child. Some suggestions while using **I'm 4, I Read!** include

- **BE PATIENT** with your child-each child learns at his/her own pace. • **SMILE** while working together- this will make learning fun!
- Create a routine by using the same time everyday ~ **children love ROUTINES.**
- Certain activities require a **QUIET ROOM**- no distraction should come between your bonding time with your child.
- **REWARD** your child with a praise (GOOD JOB!), coloring activity or a healthy snack-for encouragement.
- Sit **side by side** when reading with your child.
- **MODEL** -- When correction is needed, ask the child to **Try AGAIN!** And show them how.



## Module 3

# Teach Safety

Knowing how to be safe is a critical skill to have in today's world. Parents should teach their children these simple but yet important notions. Staying safe can prevent a child to be in harm's way. Here are a few practical steps

### **Use Module 3 to:**

- o Practice with your child his/her home address
  - o Practice with your child his/her parents' phone numbers
  - o Practice with your child saying who to call in case of an emergency- adult's name/phone number
  - o Practice with your child to LOOK LEFT AND LOOK RIGHT before crossing the street
    - While crossing - teach your child to always use crosswalks, never jaywalk.
    - Ask your child to hold the parent's hand.
- o Practice with your child to watch out for spills/ avoid playing near/touching electrical cables on the ground
  - o Ask with your child to practice not to open the door without an adult's consent
  - o Practice emergency drills earthquakes, fire drills
  - o Practice with your child to never get into a stranger's car

Using MODULES 1, 2, AND 3 and following these simple steps with lots of LOVE and PATIENCE, we believe you will give your child the necessary tools they need to grow up loving to READ, loving to LEARN, and becoming SAFE.

\*\*\*\*\***I'm 4, I Read!** offers simple suggestions and does not guarantee the safety, or progress of any children. We will not be held accountable for any injury, or death. This program is for informational purposes only and should be used as such.